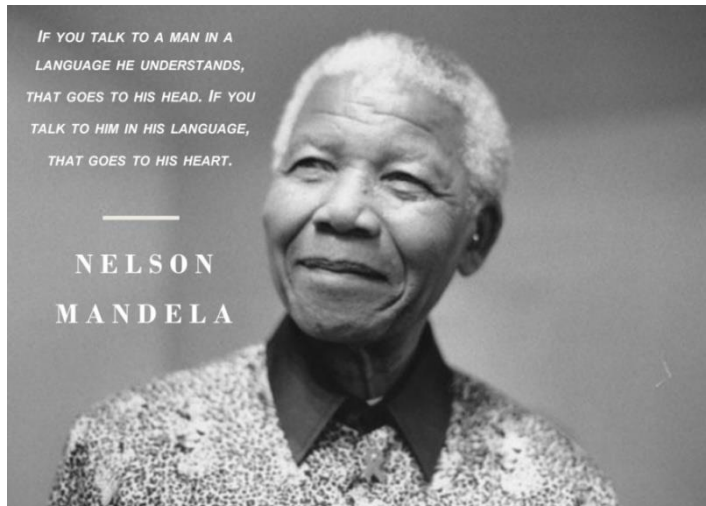




THE REPUBLIC OF SOUTH AFRICA

FROM BLACK AND WHITE TO THE RAINBOW NATION...

What **comes to mind** when you think of South Africa? What do you know about South Africa?



FLAG

EMBLEM



FLOWER:
PROTEA



QUICK FACTS

SOUTH AFRICA HAS 12 OFFICIAL LANGUAGES:

English, isiZulu, isiXhosa, Afrikaans, siSwati, Sesotho, Xitsonga, Sepedi, isiNdebele, Setswana, Tshivenda, South African Sign Language.

9 PROVINCES

POPULATION: 60 million people

3 CAPITAL CITIES:

Cape Town (legislative), Pretoria (administrative), Bloemfontein (judicial).

CURRENCY: South African Rand (ZAR)

(€1 = R15,96)

SOUTH AFRICAN SUCCESS

SA has the second largest brewery in the world, SABMiller.

The first successful heart transplant was performed in South Africa by Dr Christiaan Barnard in 1967.

SA is the world's No 1 producer of Gold.

SA has the most luxurious train in the world – Rovos Rail

South Africa is the only country in the world to have hosted the FOOTBALL (2010), RUGBY (1995) AND CRICKET (2003) World Cups.

South Africa's Route 62 – which is 850km long is the world's longest wine route.

The world's largest diamond was found in Pretoria – 3,106 carat diamond.

Apartheid 1948 - 1994

Apartheid (which is an Afrikaans word that means ‘**apartness**’) was a **political and social system** in South Africa while under **minority** rule.



In the system, the people of South Africa **were divided by their race** and the races were forced to live apart from each other. There were laws that kept up the **racial separation**. The system of apartheid in South Africa was **banned** in 1994. The last president under apartheid was Frederik Willem de Klerk. After this, Nelson Mandela became **the first black president**.



How to greet a South African...



(Without kisses and hugs)

Howzit?

Howzit?

Lekker.

So what's the big difference between Italians and South Africans?

Italians love _____ cups of coffee (many times a day), and South Africans only drink their coffee in _____ cups and always with some _____.

Italians would never be seen walking _____ outside, but South Africans go _____ everywhere!

South Africans enjoy eating _____ breakfasts while Italians prefer _____ and _____ breakfasts.

KIRSTENBOSCH BOTANICAL GARDENS – CAPE TOWN



Kirstenbosch National Botanical Gardens is internationally acclaimed as **one of the seven most magnificent** botanical gardens in the world. It was established in **1913**. Set in the heart of the Cape Floristic Region on the slopes of the Table Mountain National Park.

Kirstenbosch grows only indigenous South African plants. The garden displays over **7000 plant species**. The Kirstenbosch estate is extremely large and covers 528 hectares and supports a diverse fynbos flora and natural forest. Kirstenbosch is the **largest of nine** botanical gardens in South Africa.

In 2004, Kirstenbosch was declared a **UNESCO World Heritage Site**, the first botanical garden in the world to be declared a World Heritage Site.

Besides having the option to picnic any day of the week at the Botanical Garden, you can also enjoy the many African themed restaurants situated in the garden. On Sundays during the summer months from December to March, **musical sunset concerts** are held on the lawns at Kirstenbosch.

This breath-taking setting is definitely worth experiencing. It is just to die for!

KRUGER NATIONAL PARK – ANIMAL PARK / THE BIG FIVE

The **world-famous** Kruger National Park is the oldest Park in Africa and one of South Africa's most popular tourist destinations. The Kruger National Park is one of the largest game reserves in Africa, covering an area of just under **20 000 square kilometres**. It is **about the size of Israel, slightly smaller than Belgium** and about the **third of the size of Ireland**.



The Park is wedged between the provinces of Limpopo and Mpumalanga in the north-eastern region of South Africa, with Mozambique on its eastern border and Zimbabwe on its northern border.



The Kruger National Park **is 350 kilometres long and 60 kilometres wide**. The Kruger National Park has **over 2 000 plant species**, including over 330 plant species. The Park is home to the **Big 5 (lion, rhino, buffalo, elephant and leopard)** and **500 bird species**.

If you are brave you can spend a night camping in the Kruger National Park – or just take a day trip if you prefer - it's a once in a lifetime experience!



TABLE MOUNTAIN – CAPE TOWN



Table Mountain is the **most iconic landmark** of South Africa. Table Mountain is a **natural world heritage site** and a **Natural New 7 World Wonder of the World**.

The mountain gets its name from the fact that it has a flat top which looks like a table. It is often covered in cloud which is known as the 'Table cloth'. It is a significant tourist attraction, with many visitors using the cableway or hiking to the top. You can **hike to the top within two hours using one of many different trails**, while the **cable car just takes a few minutes**. The highest point is 1,086 meters (3,563 ft) above sea level.

Table Mountain is thought to be **one of the oldest mountains** in the world. The **rocks on the mountain are approximately 600 years old**. It is **6 times older** than the Himalayas.

Every month, at least 2 couples get married at the top of the mountain. You can enjoy great views of the city, watch the sunset and drink champagne in the restaurant found at the top. It is an unforgettable experience – one that cannot be missed if you visit South Africa!!

BOULDERS BEACH – MEET THE PENGUINS



Boulders Beach is one of **Cape Town's most visited beaches** and the only place in the world where you get close to **African Penguins**. It is **named after the big rocks** that you find near and on the beach (Boulders).

The beach is an extremely popular destination with **nearly 60,000 visitors that visit the beach** each year. It is not only a great tourist attraction but also popular family-friendly swimming beach where kids can climb over the boulders (big rocks), explore the rock pools, or swim in the cool water. It's also a great place for a leisurely picnic.



The penguins are friendly, but they don't like to be touched. The penguins are currently on the **verge of extinction (soon there won't be any left!)**. As a result, the penguins are under the protection of the Cape Nature Conservation.

It is one for the books! Don't miss out!

SHARK CAGE DIVING/BUNGEE JUMPING/ PARAGLIDING

If you are **looking for adventure**, you have come to the right country! There is something for everyone! But it's not for the faint hearted!!

You can enjoy a day of **paragliding off Signal Hill** (a part of Table Mountain). You will **experience great views** of the city and land close to the beach!



If you are really adventurous you can go **Shark Cage Diving** in Gansbaai, Western Cape. Here you will see and meet **Great White Sharks** through a cage submerged in the water. It's an experience you won't forget - EVER!



If you prefer to go bungee jumping you can jump off **world's highest commercial bungee bridge, the Bloukrans Bridge** situated near Plettenberg Bay. It's only a **216 metre jump!** An experience only for the really brave!

