

WELCOME TO OUR COOKING CLASS!

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QUARANTINE...



...COMFORT FOOD




IF YOU CAN'T IMAGINE LIFE WITHOUT
CHOCOLATE, YOU'RE LUCKY YOU WEREN'T
BORN BEFORE THE 16TH CENTURY !



HISTORY OF CHOCOLATE



- IN 1900 BCE IN MESOAMERICA, PEOPLE LEARNT TO PREPARE THE BEANS OF THE CACAO TREE AND THEY USED COCOA WITH CHILI PEPPERS  TO CREATE INVIGORATING DRINKS.
- THE MAYA AND THE AZTECS BELIEVED THAT CACAO WAS A HEVENLY FOOD GIVEN TO THEM BY THEIR GODS, AND CACAO BEANS WERE CONSIDERED MORE VALUABLE THAN GOLD.

HISTORY OF CHOCOLATE



- BY LATE 1500'S CHOCOLATE GOT TO EUROPE, FIRST TO SPAIN  BUT IT WAS A DELICACY AND A TREAT FOR WEALTHY PEOPLE. DURING THE CENTURY CHOCOLATE MANIA SPREAD THROUGHOUT EUROPE.
- IN 1828 COENRAAD VAN HOUTEN OF AMSTERDAM INTRODUCED THE COCOA PRESS, THAT ALLOWED TO SEPARATE THE COCOA'S NATURAL FAT OR COCOA BUTTER AND TO CREATE THE SOLID CHOCOLATE WE KNOW TODAY. 
- A SWISS CHOCOLATIER IN 1876 ADDED DRIED MILK POWDER TO CHOCOLATE TO CREATE MILK CHOCOLATE. AND LATER HIS FRIEND HENRI NESTLÉ BROUGHT MILK CHOCOLATE TO THE MASS MARKET.

CHOCOLATE QUIZ



A CHOCOLATE RIVER EXISTED
.... TRUE OR FALSE?

TRUE!

**THE CHOCOLATE RIVER IN THE ORIGINAL
WILLY WONKA AND THE CHOCOLATE
FACTORY FILM WAS
A REAL CHOCOLATE RIVER**



**CHOCOLATE WAS USED AS MONEY
.... TRUE OR FALSE?**

TRUE!

**IN MAYAN TIMES COCOA BEANS WERE USED
AS CURRENCY!**



YOU CAN DIE IF YOU EAT TOO MUCH CHOCOLATE
... TRUE OR FALSE?

TRUE!

**CHOCOLATE CONTAINS HIGH LEVELS OF A
POWERFUL STIMULANT AND TOO MUCH OF
IT CAN LEAD TO DEATH.**

Brownies

ingredients:

185g butter

185g dark chocolate

85g flour

40g cocoa powder

50g white chocolate

50g milk chocolate

3 eggs

275g sugar

Icing sugar (if you like)



Thank you!



#babychallengebrownies